

Goodman's

EST. 1943

RESTAURANT & DELI

FORMERLY IN ELIZABETH

Open 7 Days

Tues.-Sat. 8:00 am - 8:00 pm
Sun. & Mon. 8:00 am - 3:00 pm

YOU ARE ALWAYS WELCOME TO BRING YOUR OWN BOTTLE

400 Springfield Avenue, Berkeley Heights, NJ
Tel: (908) 898-0900 • Fax: (908) 898-0905

DELIVERY AVAILABLE
(with Minimum Purchase)

Catering Available

www.goodmansdeli.net

APPETIZERS & FINGER FOODS

CHOPPED LIVER	9.25	GOODMAN'S FAVORITES	
ONION RINGS	6.25	Onion Rings, Mozzarella Sticks (3),	
FRENCH FRIES	4.95	Jumbo Chicken Fingers (3) & Buffalo Wings (3)	10.75
with Cheese	6.45	POTATO LATKES Three Homemade Potato Pancakes	
with Gravy	5.45	(2oz. each) served with Sour Cream or Applesauce . .	7.95
with Gravy & Cheese	6.95	NEW! POUTINE French Fries with Melted Cheddar Cheese Curds	
NEW! PIZZA FRIES French Fries topped with		& Brown Gravy	9.95
Marinara Sauce & Melted Mozzarella	6.75	add Brisket	13.95
MOZZARELLA STICKS served with Marinara Sauce .	7.55	NEW! KREPLACH Fried with Onions	10.95
JUMBO CHICKEN FINGERS served with Honey Mustard	7.95	NEW! KISHKE (Stuffed Derma) with Gravy	8.45
with French Fries	9.45	NEW! KASHA VARNISHKES with Gravy	5.95
BUFFALO WINGS served with Bleu Cheese Dressing .	8.45		

Add a Small Order of Fries to Any Sandwich for \$3.15

HOMEMADE SOUPS

4.95 Cup
SERVED WITH CRACKERS

Chicken Orzo

Matzo Ball

Split Pea

Soup du Jour

BORSCHT (Hot or Cold) with Sour Cream or Boiled Potato	4.55
NEW! KREPLACH Our Famous Chicken Orzo Soup with Traditional Meat filled Dumpling	7.65

FRESH GARDEN SALADS

TOP OFF YOUR SALAD WITH:

SLICED GRILLED CHICKEN \$3.45 EXTRA • SLICED STEAK \$8.95 EXTRA • SHRIMP \$8.45 EXTRA

SPINACH SALAD BRAVO Fresh Baby Spinach, Crisp Bacon Pieces, Chopped Walnuts, Mandarin Oranges, Red Onions & Poppy Seed Dressing	10.45
CHEF'S SALAD Roast Beef, Turkey, Ham & Swiss on a Crisp Bed of Romaine Lettuce with Tomato & Cucumber and your Choice of Dressing	13.45
GREEK SALAD Crisp Bed of Romaine Lettuce with Feta Cheese, Cucumbers, Tomato, Kalamata Olives & Our Special Greek Dressing	11.75
CAESAR SALAD Crisp Romaine Lettuce mixed with Homemade Caesar Dressing, Parmesan Cheese & Seasoned Croutons	10.25
NEW! DAVINCI SALAD Strips of Crispy Chicken over a Crisp Bed of Romaine Lettuce, American & Provolone Cheese, Tomatoes & Hard-Boiled Egg, served with Honey Mustard Dressing & Garlic Bread	13.95
NEW! DANTE'S SALAD Marinated Grilled Chicken over a Crisp Bed of Romaine Lettuce, Ripe Avocado Slices, Dried Cranberries & Swiss Cheese with Our Homemade Poppy Seed Dressing	13.95
NEW! GOODMAN'S COBB Crisp Romaine topped with Grilled Marinated Chicken, Bacon, Bleu Cheese Crumbles, Tomato, Avocado, Hard-Boiled Egg & Poppy Seed Dressing	13.95
GARDEN SALAD Chopped Romaine with Cucumber, Tomato & Onions .	10.25 • Small 5.95
NEW! ROMAINE WEDGE Head of Romaine, served Whole with Bleu Cheese Dressing & Diced Tomatoes	9.25

SALAD PLATTERS

SERVED ON A BED OF LETTUCE WITH POTATO SALAD,
COLE SLAW, TOMATOES & A HARD BOILED EGG

CHICKEN SALAD	12.15
SHRIMP SALAD	13.95
TUNAFISH SALAD	12.25
EGG SALAD	10.15
CHOPPED LIVER	12.15
GRILLED CHICKEN BREAST PLATTER	13.25
NOVA SCOTIA SALMON (Lox)	16.95
SMOKED WHITEFISH PLATTER	13.55

PITA SANDWICHES

WITH LETTUCE & TOMATO, SERVED WITH FRENCH FRIES
OR POTATO SALAD OR COLE SLAW & PICKLE

STUFFED WITH: Tuna Salad or Chicken Salad . . .	11.25
Shrimp Salad	12.95
Roast Beef or Turkey	11.95
Grilled Chicken	11.55
NEW! FALAFEL with Tahini or Tzatziki Sauce	9.45
NEW! GYRO SANDWICH with Tzatziki Sauce	9.95
NEW! CHICKEN SOUVLAKI with Tzatziki Sauce	11.95

NEW! Gyro Platter 11.55
Sliced Gyro Meat with Greek Salad, French Fries & Toasted Pita
NEW! Chicken Souvlaki Platter 13.55

SIDE ORDERS

ONION RINGS	6.25	POTATO SALAD	4.25	COLE SLAW	4.25
FRENCH FRIES	4.95	MACARONI SALAD	4.25	PICKLED TOMATOES	
MASHED POTATOES	4.25	SWEET RED PEPPERS	4.25	or DILL	4.25
KNISH	4.25	HOT VEGETABLE	4.25	BAKED BEANS	4.25

TASTY SANDWICHES

Meat

*PASTRAMI or CORNED BEEF	13.95
*TURKEY BREAST	12.95
*BRISKET of BEEF (POT ROAST)	13.95
*ROAST BEEF	12.95
*BEEF TONGUE	14.75
VIRGINIA HAM	8.95
BOILED HAM	8.95
TAYLOR HAM	6.95
LIVERWURST	8.95
HEBREW NATIONAL SALAMI	9.95
HARD SALAMI	8.95
BACON, LETTUCE & TOMATO	8.15
CHICKEN CUTLET	9.85

Salad

CHOPPED LIVER	10.15
CHICKEN SALAD	9.65
with Crisp Bacon	11.50
TUNAFISH SALAD	9.65
EGG SALAD	7.45
with Crisp Bacon	9.30
SHRIMP SALAD	11.95

Cheese

ANY CHEESE (Choice)	5.25
GRILLED CHEESE	6.05
with Crisp Bacon	7.90
with Tunafish Salad	10.50
CREAM CHEESE & OLIVES	6.15

*Junior Available \$2.00 Less • *Extra Meat \$3.95 • *Extra Charge For Lean

Sandwich Extras:

with Tomato, Cole Slaw or Sauerkraut \$1.00 Extra • with Any Cheese \$1.50 Extra • Grilled .75¢ Extra

TRIPLE DECKERS

ALA GOODMAN'S

DRESSED WITH COLE SLAW & RUSSIAN DRESSING

Please Order By Number

- SALAMI & SWISS CHEESE 14.95
- TURKEY, CORNED BEEF & ROAST BEEF 15.95
- CORNED BEEF, ROAST BEEF & SWISS CHEESE 15.95
- CORNED BEEF, PASTRAMI & SALAMI 15.95
- CHICKEN SALAD with Lettuce, Tomato & Bacon 14.95
- TURKEY, PASTRAMI & ROAST BEEF 15.95
- TURKEY, CORNED BEEF & SWISS CHEESE 15.95
- TURKEY, ROAST BEEF & SWISS CHEESE 15.95
- TURKEY & CORNED BEEF 15.95
- TURKEY, CORNED BEEF, PASTRAMI & SWISS CHEESE 15.95
- TURKEY CLUB with Bacon, Lettuce & Tomato 14.95
- TUNAFISH SALAD with Sliced Egg, Lettuce & Tomato 14.95

JUMBO "COMBOS"

DRESSED WITH COLE SLAW & RUSSIAN DRESSING

Please Order By Number

- CHOPPED LIVER & PASTRAMI 15.45
- CHOPPED LIVER & CORNED BEEF 15.45
- PASTRAMI & TURKEY 15.45
- TURKEY & VIRGINIA HAM 14.45
- CORNED BEEF & PASTRAMI 15.45
- PASTRAMI & SWISS 15.45
- CORNED BEEF & SWISS 15.45
- TURKEY & CORNED BEEF 15.45
- TURKEY & CHOPPED LIVER 14.45
- TURKEY & FRESH BRISKET 15.45
- CORNED BEEF & BRISKET 15.45
- PASTRAMI & BRISKET 15.45

PARMIGIANA SANDWICHES

ON AN ITALIAN ROLL, SERVED WITH FRENCH FRIES & PICKLE

Breast of Chicken Parmigiana \$12.35

Eggplant Parmigiana \$11.35

Reuben \$14.95

Corned Beef, Pastrami or Turkey on Rye with Russian Dressing & Sauerkraut, topped with Melted Swiss Cheese, served Open-Faced or Closed & Grilled

Combo with Any Two Meats add \$1.00
NO SUBSTITUTIONS



Grilled Rachel \$14.95

Grilled Rye with Sliced Turkey, Cole Slaw, Russian Dressing & Melted Swiss
NO SUBSTITUTIONS

WRAP IT UP

SERVED WITH FRENCH FRIES & PICKLE

- TUSCANY CHICKEN WRAP Grilled Chicken, Fresh Mozzarella, Roasted Peppers & Balsamic Dressing 11.65
- CHICKEN CHEDDAR MELT WRAP Grilled Chicken Tenderloins, Melted Cheddar Cheese, Grilled Onions, Crisp Lettuce, Mayonnaise & Dijon Mustard 11.25
- EGGPLANT WRAP Breaded Eggplant, Red Roasted Peppers, Red Onions, Lettuce & Tomato, Provolone Cheese & Basil Spread 11.25
- ATHENIAN WRAP Greek Salad with Grilled Chicken 11.25
- CHICKEN CORDON BLEU WRAP Grilled Chicken Tenderloins, Thinly Sliced Virginia Ham, Melted Swiss Cheese & Dijon Mustard 11.25
- FAJITA WRAP Beef or Chicken, Green Peppers, Onions, Cheddar Cheese and Salsa and Sour Cream 11.25

- CHICKEN CAESAR SALAD WRAP Grilled Chicken Breast with Crisp Romaine Lettuce, Tomato & Thinly Sliced Onions tossed in Caesar Dressing 11.25
- PORTABELLO & FRESH MOZZARELLA WRAP Marinated Roasted Portabello Mushrooms, Fresh Mozzarella, Red Onion, Red Peppers and Basil Spread 11.25
- BUFFALO BLEU CHICKEN WRAP Buffalo Chicken Tenders, Crisp Lettuce, Bleu Cheese Dressing in a Wrap 11.25
- ROBERT'S WRAP Grilled Marinated Chicken, Sundried Tomatoes, Romaine Lettuce, Mozzarella Cheese with Balsamic Mayonnaise 11.65

1/2 LB CHAR-BROILED BURGERS

MAKE IT A DELUXE \$2.50 EXTRA: INCLUDES FRENCH FRIES, LETTUCE & TOMATO

JUMBO BURGER	7.95
CHEESEBURGER (Choice of American, Swiss, Cheddar or Provolone)	9.45
BACON BURGER	9.80
BACON CHEESEBURGER	11.30
PIZZA BURGER with Mozzarella Cheese & Tomato Sauce	9.95
CALIFORNIA BURGER with Lettuce, Tomato, Onion & Mayonnaise	8.95
COUNTRY BURGER with Portobello Mushrooms, Melted Swiss Cheese, Fried Onions, Worcestershire Sauce & Balsamic Mayonnaise	11.45
VEGGIE BURGER 1/4 lb	6.95
TURKEY BURGER 1/4 lb	6.95
PASTRAMI BURGER 1/2 lb of Juicy Burger with Strips of Pastrami & Onions	12.30
NEW JERSEY BURGER DELUXE 1/2 lb of Juicy Hamburger, topped with Golden Fried Onions, Taylor Ham and Melted American and Swiss Cheese	11.30
NEW! BLACK & BLEU Bleu Cheese Crumbles on Pumpernickel	10.75
NEW! CHEDDAR & GREEN OLIVE BURGER	10.75
NEW! PEPPER JACK & AVOCADO BURGER	10.75

GRILLED CHICKEN BREAST SANDWICHES

SERVED WITH FRENCH FRIES OR POTATO SALAD OR COLE SLAW & PICKLE • PLEASE ORDER BY NUMBER

1. CHICKEN BREAST with Lettuce & Tomato10.75 • with Choice of Cheese 12.25
2. CHICKEN CORDON BLEU with Virginia Ham & Swiss Cheese12.25
3. CHICKEN B.L.T.12.25
4. CHICKEN PHILLY with Sautéed Mushrooms, Peppers, Onions & Melted American Cheese11.95
5. CHICKEN KANSAS CITY with BBQ Sauce, Bacon Strips & Melted American Cheese11.95
6. CHICKEN ALA ROMA Marinated in Garlic & Olive Oil, topped with Sliced Tomato & Mozzarella Cheese11.95

SPECIALTY SANDWICHES

FAT BOYS TRIPLE DECKER Hot Homemade Meatloaf, White Meat Turkey, Swiss Cheese, Sweet Peppers and topped with Russian Dressing, served on Rye	13.55
PHILLY CHEESE STEAK SANDWICH On Italian Bread with Fried Onions & Melted American Cheese, served with French Fries & Pickle	11.65
FRIED FILET OF SOLE SANDWICH On Rye Bread with Lettuce, Tomato & Tartar Sauce, served with French Fries & Pickle	11.25
TUNA MELT SANDWICH Scoop of Tunafish Salad with Grilled Tomato & Melted American Cheese on Grilled Rye served with French Fries	11.65
THE MONTE CRISTO Two Slices of Challah Bread French Toast, Sliced Turkey and Ham, Melted Swiss Cheese	11.95
THE GODFATHER Fresh Roast Beef, Sautéed Onions, Horseradish, Provolone Cheese on Grilled Rye Bread, served with French Fries	13.55
THE GODMOTHER Fresh Turkey, Sautéed Onions, Horseradish, Provolone Cheese on Grilled Rye Bread, served with French Fries	13.55
TENNESSEE TURKEY Fresh Sliced Turkey topped with Swiss Cheese, Crisp Bacon with Russian Dressing, served on Grilled Rye Bread with French Fries	13.55
THE TEXAN Marinated Grilled Chicken, Sautéed Onion, Crisp Bacon, Cheddar Cheese, BBQ Sauce, served on a Roll with French Fries	13.55
ALEX'S WHITEFISH SALAD SANDWICH Our Delicious Whitefish Salad, Crisp Lettuce, Red Ripe Tomato, Sweet Red Onion, served on a Plain Toasted Bagel with a Pickle	13.95
NEW! DUKE of EARL Grilled Hebrew National Salami on Grilled Rye with Melted Swiss & Deli Mustard, served with French Fries & Pickle	11.95
NEW! BUFFALO CHICKEN SANDWICH Buffalo Chicken Tenders with Crisp Lettuce, Tomato & Bleu Cheese Dressing on a Toasted Roll with French Fries & Pickle	13.55

NEW! CHICAGO STYLE MENU

WE PROUDLY SERVE VIENNA BEEF HOT DOGS & POLISH SAUSAGE

Classic Chicago Dog \$4.95

Steamed or Grilled and topped with Mustard, Relish, Pickle, Tomato, Cucumber, Sport Pepper and Celery Salt

Char-Cheddar Dog \$4.95

Char-Broiled & topped with Melted Sharp Cheddar Spread

Maxwell Street Polish \$4.85

Grilled Polish Sausage topped with Grilled Onions

Italian Beef \$9.75 • Italian Beef & Sausage Combo \$11.25

Served with Hot or Sweet Peppers, Dipped Upon Request

NEW! Don's Dog \$4.95

Best Provisions 1/4lb All Beef Frank

You are Always Welcome to Bring Your Own Bottle

Balsamic Eggplant & Broccoli Rabe Hero

Fresh Breaded Eggplant, Fresh Mozzarella, Sweet Red Pepper & Sundried Tomato topped with Broccoli Rabe & Balsamic Vinegar on a Hero, served with French Fries

\$11.75

Balsamic Chicken & Broccoli Rabe Hero

Marinated Grilled Chicken, Broccoli Rabe and Fresh Mozzarella Cheese topped with Balsamic Vinegar, served on a Hero Bread with French Fries

\$12.75

HOT OPEN SANDWICHES

SERVED WITH GRAVY & POTATO OR VEGETABLE

UPGRADE YOUR POTATO CHOICE WITH A POTATO PANCAKE \$2.00 EXTRA

ROAST TURKEY	14.25	BRISKET OF BEEF (Pot Roast)	15.25
ROAST BEEF	14.25	CORNED BEEF	15.25
JOY'S MEATLOAF	13.45	PASTRAMI	15.25

DELI FAVORITES

NEW! Chicken Paprikash

Slow Simmered Half Chicken in Paprika Infused Roux, served with Sour Cream & Spaetzle

\$14.95

NEW! Beef Goulash

Traditional Hungarian Goulash (Derived from the Hungarian Word for Herdsman or Cowboy) featuring Our Prime Short Rib, served over Egg Noodles

\$14.95

NEW! Beef Stroganoff

Sautéed Pieces of Our Prime Short Rib, served over Egg Noodles in a Sour Cream based Sauce

\$14.95

KNOCKWURST "SPECIALS" & BEANS (Grilled or Boiled) & Baked Beans	11.95
FRANKS & BEANS (Grilled or Boiled) & Baked Beans	11.95
STUFFED CABBAGE with Potato & Vegetable	13.95
CHEESE BLINTZES (3) Served with Sour Cream or Applesauce	10.75
POTATO PANCAKES (3) Served with Sour Cream or Applesauce	12.35

CHAR-BROILED STEAKS

CHAR-BROILED RIB-EYE STEAK 1lb. Served with Choice of Potato & Onion Rings	19.95
CHOPPED SIRLOIN STEAK 1lb. with Fried Onions, Potato & Vegetable	14.95

SEAFOOD TREASURES

SERVED WITH FRENCH FRIES & COLE SLAW

BROILED FILET of SOLE	14.95
FRIED FILET of SOLE	13.85
FRIED SHRIMP	15.25
Parmigiana	16.95

Land & Sea \$28.95

1 lb. Char-Broiled Rib-Eye Steak & Fried Shrimp, served with French Fries, Salad & Garlic Bread

Open Sliced Steak \$21.25

Served on Garlic Bread with French Fries, Onion Rings, Lettuce & Tomato

Honey Dipped Fried Chicken \$12.35

Served with French Fries & Cole Slaw

Chicken Parmigiana \$14.75

served with Spaghetti

Eggplant Parmigiana \$12.35

served with Spaghetti

WAIST WATCHERS

Refreshingly Nutritious

SLICED TURKEY with Lettuce with Tomato & Cottage Cheese	12.15
STUFFED TOMATO with Tuna or Chicken Salad with Hard Boiled Egg	9.95
DIET BURGER served with Lettuce, Tomato & Cottage Cheese	10.45
GRILLED MARINATED CHICKEN BREAST with Side of Crisp Lettuce with Tomato	10.25
TURKEY BURGER On Crisp Lettuce with Tomato & Cottage Cheese	10.25

EGGS

SERVED WITH POTATOES & TOAST

TWO EGGS Any Style	6.95
with Ham, Bacon, Sausage or Taylor Ham	9.20
with Canadian Bacon or Salami	9.55
CORNED BEEF HASH & EGGS	11.45
VIRGINIA HAM STEAK & EGGS	11.45
STEAK & EGGS	14.95
LOX & EGGS	14.95

One Egg, Any Style (No Potatoes or Toast) **2.15**

Two Eggs, Any Style (No Potatoes or Toast) **3.85**

EGG SANDWICHES

MADE WITH 2 EGGS

EGG Any Style	4.75
FRIED EGG with Cheese	6.25
with Ham, Bacon, Taylor Ham or Sausage	7.25
EGG WHITE SANDWICH	6.15
FRIED EGG with CANADIAN BACON	7.15
WESTERN EGG	8.05
SALAMI & EGG	8.55

NEW! Corned Beef Hash, Egg & Cheese **\$8.95**

3 EGG OMELETTES

SERVED WITH POTATOES & TOAST

PLAIN OMELETTE	7.65	FETA CHEESE OMELETTE	9.65
CHEESE OMELETTE Choice of: American, Swiss, Cheddar or Mozzarella	9.15	WESTERN OMELETTE	9.65
ONION or GREEN PEPPER OMELETTE	9.35	with Cheese	11.15
BACON or HAM OMELETTE	9.90	SPINACH & FETA CHEESE OMELETTE	11.35
with Cheese	10.95	EGG WHITE OMELETTE Green Peppers, Diced Tomato, Onions & Mushrooms	11.10
MUSHROOM OMELETTE	9.35	MEAT LOVER'S OMELETTE Bacon, Ham, Sausage & Cheese	11.40
SPANISH OMELETTE	9.15	SALAMI OMELETTE	11.40
BROCCOLI & SWISS CHEESE OMELETTE	9.90	PASTRAMI or CORNED BEEF OMELETTE	12.95
GARDEN OMELETTE with Peppers, Onions, Tomatoes & Mushrooms	9.90	NOVA SCOTIA LOX & ONION OMELETTE	14.95

Roll or English Muffin Instead of Toast .75¢ extra • Bagel \$1.75 extra

Eggs Benedict \$10.95

Two Poached Eggs on an English Muffin
with Canadian Bacon and Hollandaise Sauce,
served with Potatoes

Irv & Julie's Breakfast Sandwich \$10.95

Three Scrambled Eggs, Sausage & American Cheese,
served between Two Pancakes topped with Butter
and smothered with Syrup

NEW! GOODMAN'S BENEDICT \$15.25

2 Poached Eggs on Potato Latkes with Pastrami & Hollandaise Sauce, served with Fresh Fruit

GRIDDLE SPECIALTIES

SERVED WITH CREAMERY BUTTER & SYRUP

GOLDEN BROWN PANCAKES (3)	7.65
CHOCOLATE CHIP PANCAKES (3)	8.65
NEW! PEANUT BUTTER CHIP PANCAKES (3)	8.65
FRUITY PANCAKES (3) Choice of Apple or Blueberry	8.75
FRENCH TOAST (3) Challah Bread dipped in Egg Batter	7.75
SHORT STACK PLAIN FRENCH TOAST or PANCAKES (2)	6.75
SHORT STACK FRUITY PANCAKES (2)	7.75
BELGIAN WAFFLE with Powdered Sugar	7.75
NEW! MATZO BREI with Applesauce	8.45

Griddle Extras:

Add One Egg \$1.30 extra • Add Two Eggs \$2.60 extra

with Ham, Bacon, Sausage or Taylor Ham \$3.85 extra • with Canadian Bacon \$4.55 extra

HOT OATMEAL

Plain

\$4.95

Deluxe with Brown Sugar, Walnuts or Raisins **\$5.75**

DESSERTS

CREAMY CHEESECAKE	4.75
CAKE or PASTRY of the DAY	4.75
RICE PUDDING	3.95
JELLO	2.75
FRESH FRUIT CUP In Season	5.75
BROWNIE	2.45
DEATH BY CHOCOLATE Warm Chocolate Brownie & Scoop of Vanilla Ice Cream & topped with Chocolate Syrup	5.25
NEW! BREAD PUDDING	4.95
NEW! NOODLE KUGEL	3.55

BAGELS

TOASTED BAGEL with Butter & Jelly	2.45
with Cream Cheese & Jelly	3.95
with Cream Cheese, Lox, Lettuce, Tomato & Onion	15.95
ENGLISH MUFFIN	1.75

BEVERAGES

HOT COFFEE or HOT TEA	2.25
DECAFFEINATED COFFEE or TEA	2.25
HOT CHOCOLATE	2.35
MILK	2.45
CHOCOLATE MILK	2.75
ICED TEA or ICED COFFEE	2.35
DR. BROWN'S SODA	2.05
FOUNTAIN SODAS (Free Refill)	2.65
SPRING WATER	1.95
MILK SHAKE Vanilla, Chocolate or Strawberry	4.35
NEW YORK EGG CREAM	3.45
NEW! CHOCOLATE PHOSPHATE	3.25
ASSORTED JUICES	Sm. 1.95 • Lg. 3.25